

## How do you compare?

### ICAA/ProMatura Wellness Benchmarks National Report

Set goals and distinguish yourself from the competition by comparing the outcomes of your community with those in the benchmarks.

For explanations of these indicators and more detail, get the ICAA/ProMatura Wellness Benchmarks National Report 2017. <http://www.icaa.cc/business/benchmarks.htm>

<b>Compare your community</b>		
	<b>Benchmark CCRC or life plan communities</b>	<b>Your community</b>
Participation: % of all residents participating in wellness program (purposeful activities, fitness, recreation) at least 12 times/year	57%	
Length of stay of independent living residents participating in wellness program	8.8 years	
Satisfaction: % of residents satisfied or very satisfied with the wellness program	79%	
Satisfaction: % of wellness participants much more or somewhat more satisfied with community life because of participating in the wellness program	77%	
Move-in: % of wellness participants who strongly agree or agree the program was a primary reason why they moved in	44%	
Self-rating of health, wellness participants ages 75-84: good, very good, excellent	91%	
Self-rating of health, wellness participants ages 85+: good, very good, excellent	89%	
No. of full-time lifestyle/wellness staff, communities with 50-149 residents (IL + AL + MC)	2.4	
No. of full-time lifestyle/wellness staff, communities with 150-199 residents (IL + AL + MC)	2.9	
No. of full-time lifestyle/wellness staff, communities with 200+ residents (IL + AL + MC)	4.7	